



Serenity Lounge

VIBROACOUSTIC THERAPY

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TESTIMONIALS

HOURS OF OPERATION
MONDAY - FRIDAY
9:00am - 7:00pm
SATURDAY - SUNDAY
10:00am - 6:00pm

**RESTORE • RELAX • REJUVENATE
THE MIND, BODY AND SPIRIT**

My experience on the SERENITY LOUNGE was invigorating. The day I went on it I was tired and exhausted. I really enjoyed the relaxation aspects as well as the audio and kinesthetic benefits. My mind wandered and drifted while falling in and out of sleep. I felt at one point as if I were on a vacation on a cruise ship somewhere in the ocean. I was extremely relaxed during the session. When the music stopped and the lounge chair vibrations ceased, I arose from the lying down position and felt completely energized.

Alana G., L.C.S.W./Therapist

It's like a natural high without the guilt.

Clay B.

This device appears to be an amazing step in the right direction of accomplishing a sense of inner relaxation and peace.

Cha Z.

As soon as the music stopped I awoke and felt as if I was in the happiest, giddiest, most peaceful place.

Dane R.

Felt warm, cuddled, safe. A sense of connection to the whole - less alienation and self-centeredness. More peaceful and hopeful.

Meg K.

DIRECTIONS

FROM 264

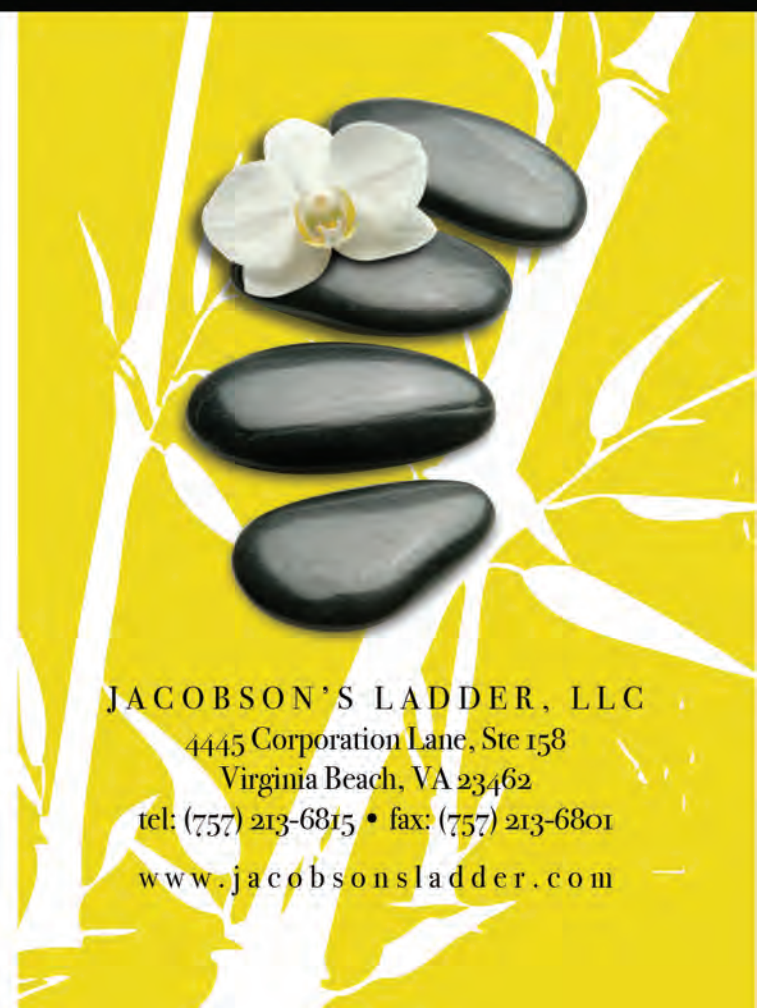
TAKE EXIT 17B
TOWARDS PEMBROKE AREA
RIGHT ON VA BEACH BLVD.
LEFT ON CONSTITUTION DR.
RIGHT ON CORPORATION LN.

OUR BUILDING IS
ON THE RIGHT

■ ■ ■ ■
4445 Corporation Lane, Ste 158
Virginia Beach, VA 23462
(757) 213-6815

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Virginia Beach, VA 23462

tel: (757) 213-6815 • fax: (757) 213-6801

www.jacobsonsladder.com

VIBROACOUSTIC HEALING SESSIONS

30 MINUTES = \$30.00

60 MINUTES = \$50.00

MONTHLY UNLIMITED = \$350.00

SERENITY PACKAGE = \$150.00

(THIS IS A \$250.00 VALUE)

- 30 Minute Life Coaching Session with Dr. Ron Jacobson
 - Five 30 Minute Vibroacoustic Healing Sessions
 - Satin Eye Pillow
 - Binaural Beats Meditation CDs
-

\$5.00 Discount Senior Citizens and Active Duty Military

- Includes Their Spouses/Dependents
-

Inquire About Discounts For Participation In Our Referral Program
Vibroacoustic Therapy May Be Covered By Your Insurance



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VIBROACOUSTIC THERAPY

The **Serenity Lounge** system is a vibroacoustic mattress system that provides audio and tactile stimulation to the mind and body. This therapy delivers “natural stimulants” in a passive and non-invasive process that exercises the brain and central nervous system with the specific intent of balancing, optimizing and harmonizing the body and brain.

The **Serenity Lounge** system produces low frequency sine waves with tactile transducers; designed to vibrate the body with optimal psychological and physical impact. This vibroacoustic audio resonates through the body’s nerves, muscles, skin and bones providing deep “cellular stimulation.”

A NATURAL WAY TO HEAL

EXPECTED RESULTS

The session client will enjoy a journey to a state of “Absolute Relaxation” during the session; experiencing the benefits of the relaxation response which include a calming effect, lower blood pressure, slower breathing, increased blood circulation, and releases of natural chemicals in the brain known to calm mind and body.

OUR CLIENTS REPORT

- Sensation of absolute relaxation/peace
- Full and restful nights sleep
- Relief from aching/twitching muscles
- Heightened state of mental awareness
- Mental clarity
- A regained sense of hope
- A feeling of being refreshed and recharged

THE SERENITY LOUNGE HAS MARKED BENEFITS FOR THE FOLLOWING MEDICAL CONDITIONS

- | | |
|-----------------------|------------------|
| • Parkinson’s Disease | • Addiction |
| • Depression | • Anxiety |
| • Sleep Disorders | • Arthritis |
| • Dementia | • Fibromyalgia |
| • ADHD | • Cerebral Palsy |

